



dr. dele-michael

Adebola Dele-Michael, MD FAAD
Insoo Om, RPA-C

CHEMICAL PEEL INSTRUCTIONS

- Do not apply any topical medications, Retinol, glycolic acid products or Lac-Hydrin** during the first 5 days after your peel because your skin may become irritated.
- Wear a physical sunscreen with an SPF of 30 or higher after your treatment. Avoid direct sunlight on the peeled skin for at least 1 week.
- During the entire time of your healing, apply a bland moisturizer to your skin 3 times a day or as often as needed.
- In rare instances, an area of crusting may develop. If this occurs, apply an antibiotic ointment, such as Polysporin or Bacitracin, to the area. Notify our office (212-229-0007) if the area fails to improve within 24 hours.
- You may develop skin flaking or peeling 2 days after the chemical peel. This is the intended outcome. Remember to apply moisturizers to your skin and wear a physical sunscreen before sun exposure.
- You may need a series of treatments in order to achieve your desired result.

For your convenience, you may purchase our recommended post-chemical peel skin care products. Our Radiant Skin line Gentle Skin cleanser and Moisturizers help to promote rapid skin healing while our Radiant Skin Physical sunscreen offer sun protection with minimal skin irritation.

Ph: 212-229-0007

info@radiantskinny.com

www.radiantskinny.com

116 Central Park South, Suite 7, New York, NY 10019 (Midtown location)
207 W. 115 st, lower level, New York, NY 10026 (Harlem location)
446 W. 162 st, New York, NY 10032 (Washington Heights location)